


MAY 2023

On The Salad Bar:	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad Ham Tomatoes Cucumbers Cheese Carrots	1 Breakfast: Pancakes, Bananas, Milk Lunch: Tuna Salad Sandwich, Carrots & Dip, Apple, Skim or Chocolate Milk	2 Breakfast: Strawberry Banana Smoothie w/ Granola, Milk Lunch: Crunchy Chicken Tacos, Corn, Pears, Skim or Chocolate Milk	3 Breakfast: Oatmeal, Berries, Milk Lunch: Shredded BBQ Chicken Sandwich, Baked Beans, Sweet Potato FF, Mandarin Oranges, Skim or Chocolate Milk	4 Breakfast: Scrambled eggs, WW Toast, Apple Juice, Milk Lunch: CrAzY Spaghetti & Meat Sauce, Garlic Sticks, Side Salad, Applesauce, Skim or Chocolate Milk	5 Breakfast: Fruit & Yogurt Parfait w/ Granola, Milk Lunch: Cheese Pizza Bagels, Veggie & Fruit, Skim or Chocolate Milk
Greek Salad Chicken Cucumbers Feta Cheese Green Olives Boiled Eggs	8 Breakfast: Cold Cereal, Bananas, Milk Lunch: Chicken Philly Sub, Carrots & Celery w/ Dip, Apples, Skim or Chocolate Milk	9 Breakfast: Waffles, Blueberries, Milk Lunch: Soft Beef Taco, Carrots, Mandarin Oranges, Skim or Chocolate Milk	10 Breakfast: Blueberry Sunshine Smoothie, Granola, Milk Lunch: Ham & Cheese Sandwich, 3 Bean Salad, Applesauce, Skim or Chocolate Milk	11 Breakfast: Scrambled Eggs, WW Toast, Orange Juice, Milk Lunch: Mac and Cheese, Green Beans, Pears, Skim or Chocolate Milk	12 Breakfast: Fruit Parfait w/ Granola, Milk Lunch: Pepperoni Pizza, Veggie & Fruit, Skim or Chocolate Milk
Chef Salad Turkey Tomatoes Cucumbers Cheese Carrots	15 Breakfast: Oatmeal, Berries, Milk Lunch: Grilled Cheese & Tomato Soup, Applesauce, Skim or Chocolate Milk	16 Breakfast: Banana Oat Muffins, Hard Boiled Egg, Milk Lunch: Beefy Cheesy Nachos, Corn, Pears, Skim or Chocolate Milk	17 Breakfast: Strawberry Banana Smoothie, Granola, Milk Lunch: Sloppy Joe, Sweet Potato FF, Apples, Skim or Chocolate Milk	18 Breakfast: Waffles, Blueberries, Milk Lunch: Turkey Sandwich, Carrots & Dip, Peaches, Skim or Chocolate Milk	19 Breakfast: Fruit & Yogurt Parfait w/ Granola, Milk Lunch: Cheese Pizza, Veggie & Fruit, Skim or Chocolate Milk
BBQ Chicken Salad Boiled Eggs Tomatoes Cucumbers Cheese Carrots	22 Breakfast: Cold Cereal, Bananas, Milk Lunch: Chicken Nuggets, , Applesauce, Cucumbers & Dip, Skim or Chocolate Milk	23 Breakfast: Bagels w/ Cream Cheese, Oranges, Milk Lunch: Chicken Quesadillas, Broccoli, Pears, Skim or Chocolate Milk	24 Breakfast: Banana Smoothie, Granola, Milk Lunch: Pasta Primavera, Oranges, Skim or Chocolate Milk	25 Breakfast: Pancakes, Blueberries, Milk Lunch: French Toast Sticks, Sausage, Tater Tots, Mandarin Oranges, Skim or Chocolate Milk	26 Breakfast: Fruit & Yogurt Parfait w/ Granola, Milk Lunch: Cheese Pizza Bagels, Veggie & Fruit, Skim or Chocolate Milk
Chef Salad Ham Tomatoes Cucumbers Cheese	29 NO SCHOOL  MEMORIAL DAY	30 Breakfast: Waffles, Bananas, Milk Lunch: Crunchy Beef Taco, Carrots & Dip, Pears, Skim or Chocolate Milk	31 Breakfast: Berry Smoothie w/ Granola, Milk Lunch: Meatball Subs, Green Beans, Applesauce, Skim or chocolate Milk		

